

ANNEX-4 PROJECT -B- SUMMARY DOCUMENT

Date: 26th of July 2019 / Reference No: *JPF-PLS-19-002*

Project Duration:	12 Months
Project Start Date:	12 nd of October 2018
Project End Date:	11 th of October 2019
Project Description:	Due to poverty, eating habits and long-term economic closure, malnutrition rates, iron, and other micronutrient deficiency rates are high among children under six in Gaza Strip. By providing health and nutrition support to vulnerable preschoolers around the age of 3-5 and their families and kindergartens (KGs), we will contribute to improving the health and nutrition of preschoolers.
Target Group(s):	Preschool children between 3 to 5 years old
Location(s):	Deir al-Balah Governorate: Deir al-Bala, Al Musaddar, Wadi as Salqa Khan Yunis Governorate: Khan Yunis, Al Qarara, Abasan al Kabira, Khuza'a, Rafah Governorate: Rafah, Ash Shoka

Project Objective 1:

Health Screening, Nutritional Treatment and Introduction to Medical and Health Service Providers:

Description of Activities:

A basic health screening of children in 12 kindergartens (KGs) of the Gaza Strip will be conducted to assess their health and nutritional status for the early detection of malnutrition, anemia, and other health concerns. Furthermore, "Open Health Days" will be organized to conduct the same basic health screening for preschool-aged children in the local community, who are not enrolled in a KG. Where malnutrition, anemia or other micronutrient deficiencies are suspected, the child will be referred to the local partner for diagnosis and treatment, subject to a household vulnerability assessment for determination of eligibility under vulnerability criteria. Children suspected of other health issues will be introduced to relevant health providers for follow-up.

Output Indicator:

1. 1,200 children (100 people x 12 kindergartens)
2. 1,200 children (100 people x 12 areas)
3. Distribute 1,200 sets of hand wash kits.

Outcome Indicator:

- 33% of preschoolers who have had a medical examination are referred to / introduced to health and medical facilities
- More than 90% of preschoolers referred to local partner for nutritional treatment
- More than 50% of preschoolers referred to other health and medical facilities make at least one visit
- More than 80% of preschool children who received nutritional treatment at local partner, reach the standard for treatment completion during this project period

Means of Verification:

- Health certificate
- Local Partner's medical records and databases
- Monitoring record
- Beneficiary List

Beneficiary Selection Criteria:

Selection of kindergartens that meet the following requirements:

- Kindergarten registered with the Education and Higher Education Agency.
- Prioritize kindergartens run by community-based non-profit organizations (CBOs)
- Monthly tuition fee is less than 75 ILS
- 70 or more children are enrolled
- Agreed with the purpose of this project and can confirm our intention to work on business activities for 3 years
- Accepted by the community and received good evaluation

Project Activity Status as of 30th of June 2019:

- In November 2018, a five-day orientation training workshop for Community Health Workers (CHW) was conducted by local partner. CHW refreshed their knowledge on health and nutrition and developed their skills on how to conduct health screening and how to record results on medical history files.
- A basic health screening was conducted for 2,607 children who are enrolled in the 12 KGs from December 2018 to February 2019. The result of the children's health screening is kept on a file at their KGs.
- From February to April 2019, 12 three-day "Open Health Day" was organized in the 12 communities, and a basic health screening was provided for 1,200 pre-school aged children who are not enrolled in a kindergarten. In the events, 1,200 sets of hand wash kits were distributed to the children.
- As the result of the health screening for both children who are enrolled in the kindergartens and not, 35% of children were referred to local partner or other hospitals/medical facilities to receive further diagnosis and investigation. 95% of those who were referred to local partner, went to take treatment and 98% of them completed the treatment. Besides, the project team confirmed 40% of those who were referred to local partner made a visit at least one time. The project team has followed up the rest of the children and their family to encourage to visit the referred hospital/facilities.

Project Objective 2:***Health and Nutrition Training for Parents:***

Description of Activities:

Health and nutrition awareness training will be conducted for the parents (or guardians) of KG children and preschool-aged children in the community not enrolled in KGs. Training will target fathers (or male guardians) and mothers (or female guardians) separately. Mothers (or female guardians) will be provided with practical cooking lessons on how to prepare nutritionally balanced meals.

Output Indicator:

1. 1,620 parents of kindergarten children
2. 1,380 parents of pre-school children

Outcome Indicator:

- 70% of parents of preschoolers knowledge on Health and Nutrition is improved
- More than 70% of parents who participated in health and nutrition training have implemented at least one health and nutrition improvement action one month after the training

Means of Verification:

- List of participants to the training
- Pre-Post Test results of the training
- PDM Survey Results

Beneficiary Selection Criteria:

The training sessions are intended for the parents whose children took health screening in the project.

Project Activity Status as of 30th of June 2019:

- In January 2019, focused group discussion was conducted with 10 -20 parents at each kindergarten to assess the knowledge and practice gaps among the parents with regards to health and nutrition for their children. Based on the result, three booklets were developed as education material for the health and nutrition training by Community Health Workers with consultation from local partner in the following month. The booklets cover the topics which were highly demanded by parents such as basics of health and nutrition, breastfeeding, food for preschoolers and pregnant women, and infectious disease.
- In March and April 2019, 62 training sessions were conducted by the project team for 1,654 KG parents in the 12 communities where the kindergartens are located. 24 sessions were attended by 600 fathers and the rest 38 sessions were attended by 1,054 mothers. Besides, 72 cooking sessions were implemented for 1,620 KG children's mothers in April 2019.
- In June 2019, 60 sessions were provided for non-KG parents in the 12 partner KG location. 24 sessions were attended by 482 fathers and 36 sessions were attended by 874 mothers of non-KG children. In total, 1,356 guardians participated in the training. The result of a knowledge test for the training is being analyzed.

Project Objective 3:**Capacity Development of Kindergartens for Health and Nutrition Promotion:****Description of Activities:**

KGs will serve as a foothold for the promotion of health and nutrition to preschool-aged children in the community. To provide a means for KGs to continue to monitor the health and nutritional situation of KG students, KGs will be provided with equipment and materials to conduct basic health screening, training on how to conduct basic health screening and how to fill out health records. KG teachers and staff will also be provided with basic first aid training and will participate in a workshop on health and nutrition education. KGs will be encouraged to adopt health and nutrition in their day-to-day educational activities. By incorporating health and nutrition into KG activities, KG children will increase their knowledge and awareness of health and nutrition issues. A Parent Health and Nutrition Committee will also be mobilized to support health and nutrition activities in the KG and the local community.

Output Indicator:

1. 3-day workshop on health and nutrition for 60 kindergarten teachers and staff (5 people x 12 kindergartens)
2. 1,200 kindergarten children (100 people x 12 kindergartens)
3. 1,200 Health promotion kit will be distributed assuming (12 kindergartens and 100 children each)
4. 12 cooking kits will be distributed to 12 kindergartens, and ingredients such as vegetables and fruits will be distributed to 12 kindergartens 6 times each for a total of 72 times.
5. 12 simplified health check kits to 12 kindergartens distributed
6. 12 Parent Nutrition and Health Committees will be established in 12 kindergartens.
7. General workshop on health and nutrition activities of kindergarten. 5 teachers from each kindergarten and 5 from the next project support kindergarten will participate, and a total of 110 kindergarten teachers will participate.
8. Health Check Method - Workshop on Health and Nutrition Education. The three-day workshops will be held three times, and a total of 50 kindergarten teachers will be trained.

Outcome Indicator:

- 80% of the kindergarten teacher's health and nutrition knowledge improved
- 90% of kindergarten teachers who have taken emergency care classes have passed the exams in the classes
- 90% of kindergarten teachers will be able to carry out a simple health check
- Health and nutrition education activities are incorporated into daily education in over 90% of kindergartens
- Knowledge about health and nutrition of 80% of kindergarteners improved

Means of Verification:

- Results of pre and post-tests on paramedics, knowledge on health and nutrition, and how to conduct medical examinations
- Survey questionnaires and interview records

Beneficiary Selection Criteria:

The selected 12 kindergartens will receive training and equipment.

Project Activity Status as of 30th of June 2019:

- In January 2019, a three-day workshop on health and nutrition was conducted for the targeted 60 kindergarten teachers and staff. The training provided the attendees with the basic concept and knowledge of health and nutrition as well as an understanding of how to create a healthy and sustainable nutrition environment in the KGs. Each of the conducted workshops gathered teachers and KG staff from different kindergartens, which provided the opportunity for the attendees to share experiences, exchange knowledge, and network. 95% of the participants showed their knowledge improvement through the pre- and post-test. After the workshops, the attendees received practical experiences through assisting CHWs in conducting health screening at their KGs.
- In January 2019, four first aid training workshops were conducted in the three governorates to equip the trainees with the knowledge and practical skills required to provide appropriate first aid treatment in the workplace, in compliance with the requirements of safety, health, and welfare at work. The workshops were attended by

60 teachers and staff from 12 partner KGs. 54 attendees (90%) passed the final examination.

- In February 2019, a health check kit and first aid box were distributed to each of 12 kindergartens. The KG staff had been provided with a quick orientation about the first aid box content by the CHWs.
- In February 2019, 12 parents' committee meetings were conducted by the project team with 118 parents in the targeted 12 kindergartens. As a result, 12 Parent Nutrition and Health Committees were established in the kindergartens.
- In March and April 2019, health and nutrition education activities were implemented by CHW teams for the enrolled children at the 12 KGs in coordination with the KG staff and teachers with the provision of ingredients such as vegetables and fruits. In total, 1,511 children attended in 96 activities which covered how to prepare nutritional snacks, handwashing, and brushing teeth. Besides, 1,200 handwashing kits were distributed to the children during the sessions.
- In June 2019, minor renovation work at the 12 KGs was implemented. Before the implementation, the CHW teams conducted an assessment for the KGs to collect all necessary information related to health and nutrition and discussed the result with the KG directors to prioritize the necessary interventions. The conducted minor renovation includes installation of a new water tank and kitchen cabinet and maintenance of sanitary facilities and water system.

Required Information and Documents for The Proposal:

It is expected from the bidder to provide minimum, below mentioned information and documents at the Project B Monitoring Proposal;

- Proposed Monitoring Design and Methodology
- Proposed work-time plan
- Sampling methodology and proposed sampling size
- Proposed number of Key Informant Interview and methodology
- Proposed number of Focus Group Discussions and methodology including target groups